

GLWS[®]

Accreditation Virtual Program

About the program.

The virtual GLWS® accreditation program gives participants the chance to explore, learn and connect with GLWS® facilitators and other participants over four live virtual workshops. Self-directed learning content and activities can be completed flexibly, in your own time.

By the end of accreditation, you will be able to:

- Communicate and apply the latest models and thinking about employee wellbeing and its influence on organisational outcomes.
- Analyse and interpret a GLWS Personal Report to identify an individual's key wellbeing strengths and opportunities.
- Confidentially implement the GLWS® framework and reports, including confidentially conducting a GLWS debrief.
- See the opportunities of aggregating wellbeing data and insights through the GLWS Group/Team Reports.
- Position the value of measuring wellbeing to prospective internal or external clients.
- Talk about the latest data insights and emerging themes of leader wellbeing using GLWS® data and research.
- Gain formal qualifications as a GLWS Accredited Practitioner.

Key features of this course include:

- Virtual facilitation by experts in wellbeing, leadership and organisational psychology, with extensive theoretical and practical application of GLWS®.
- Dedicated learning space to ask questions, enjoy live discussion and interact with learners from other organisations, supported by a small amount of pre/post self-directed learning.
- Case studies and explorations of real-life programs and evidence-based learning.
- Your own GLWS Survey completion and GLWS Personal Report.
- Complimentary trial of the GLWS survey and Personal Report for one practice person debrief, as part of your learning.
- Extensive and high-quality online course learning materials.
- Access to MyGLWS – a dedicated online portal for GLWS Accredited Practitioners with coaching resources and everything needed to support your use of the GLWS®.
- Optional access to a confidential one-to-one personal wellbeing coaching session based on your GLWS Personal Report (additional fees apply).

Program structure.

Four live workshops, supported by self-directed learning between sessions.

PROGRAM COMPONENTS	KEY LEARNING AREAS
Preparatory work	Participant to complete background pre-reading and GLWS survey (~30 mins).
Workshop 1 2 hours	- Program welcome, overview and objectives. - What is wellbeing, what influences it and its impact in organisations. - The development of the GLWS® framework and survey.
Self-directed activities	Consider an appropriate volunteer to complete the GLWS survey as part of the practice debrief and gather their consent to be involved.
Workshop 2 2 hours	- What the GLWS Personal Report looks like and how to interpret it. - Explore and discuss real GLWS Personal Report case studies. - Key principles and considerations for deploying the GLWS®.
Self-directed activities	- Explore your own GLWS Personal Report (provided via email post-workshop). - Set up a volunteer to complete the GLWS survey as part of the practice debrief, including ordering the GLWS® online. - Prepare / conduct a practice GLWS debrief (~90 mins). - Access key GLWS resources (e.g. debrief guide, coaching guide, preparation and reflection templates).

PROGRAM COMPONENTS	KEY LEARNING AREAS
Workshop 3 2 hours	- Reflections and questions on personal GLWS reports. - Troubleshooting of practice GLWS reports and/or reflections on the practice GLWS debrief (if completed). - What the GLWS Group Report looks like and how to interpret it. - Explore and discuss real GLWS Group Reports and their applications.
Self-directed activities	Conduct practice GLWS debrief (if not completed already).
Workshop 4 2 hours	- Reflections on the practice debrief. - Positioning and applying GLWS®. - Latest GLWS® data and research. - Program wrap-up and where to from here.

ON COMPLETION

Participants gain formal qualification as a GLWS Accredited Practitioner, with ongoing access to MyGLWS and the full suite of coaching and debrief resources.

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Voices from the program.

What GLWS® Accredited Practitioners say about the accreditation experience.

I recently completed the e-learning accreditation and found the whole program very valuable. Easy access to the videos and slides meant I could dip in and out as needed. The quizzes, activities, feedback and support embedded my learning and built my confidence to use the GLWS® in my coaching practice.

Bernadette Durrell, Executive Coach

The GLWS® is the best in its class, not just for measuring the wellbeing of leaders, but giving them strategies to be consistently at the top of their game, both at home and at work. Every leader deserves the transformational power of a GLWS survey and debrief.

Paul Mitchell MAPS, Founder, Human Enterprise & Interest Group in Coaching Psychology

The GLWS® is a game changer for anyone implementing a wellbeing framework in an organisation, or providing wellbeing coaching. As with any organisational change management, it all needs to start at the top.

Joelle Blackburn, GM Talent & Culture

We are witnessing a huge increase in the need and demand for executive wellness. More and more my clients and I are discussing how they spend their time and energy, and the difficulties balancing personal, family and work commitments. The GLWS® is invaluable.

Dr Órla NicDomhnaill, Psychologist & CEO Thrive Advisory

The e-learning was really easy to navigate, and the approach to learning was a good balance of theory and practise. The team provided great support throughout the process, and I feel confident of their ongoing support as I begin to use the GLWS®.

Bri Hayllar, Psychologist & Coach

An excellent, evidence-based tool for leaders and professionals. It captures the personal, complex and dynamic nature of individual wellbeing. The accreditation workshops were delivered by passionate and authentic experts in the field.

Lucy Chapple, Psychologist & Coach

The resources that GLWS® offers are exhaustive; the coaching guide is outstanding. Despite the course being online, it still felt personable as I knew there were real people at GLWS® to help and provide guidance.

Anne Bartlett, Executive Coach

This accreditation is invaluable for any leader serious about creating a thriving, resilient workplace culture. The evidence-based framework, insights and tools have given me the confidence to integrate GLWS® into my service offerings.

Penny Ward, Executive Coach

A great, research-based comprehensive instrument. It's the best wellbeing survey I know of for leaders and professionals.

Michael Thornber, CEO & Executive Board Member

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Voices from the program, continued.

I've done a series of certifications in culture and executive coaching recently. This is by far the best one in terms of structure, pace and ease of understanding the materials. I feel ready and equipped to get started straight away with running the survey and debriefs.

Gail Owen, Leadership Coach

I believe the GLWS® framework, domains and report format provide constructive ways to start conversations that can lead to improved wellbeing. The evidence is clear: good wellbeing is the basis of improved performance.

Gerry Roberts, Exec Coach & Principal Consultant

I have just completed the GLWS® accreditation program and have learnt so much. I now feel I have the knowledge to really help senior leaders understand their own wellbeing and how they can lead it within their organisation.

Executive Coach

The certification process was very straightforward and the tool itself is so robust, intuitive and well designed. I appreciate the personalised attention, responsiveness and support from the GLWS® team.

Sarah Gourley, GM & Leadership Coach

I found the range of aspects of wellbeing covered by the survey to be very thorough. Considering both "Working Well" and "Living Well" allows people to weigh the trade-offs, pinch-points and their wellbeing enablers in detail.

Pam Wilson, Leadership Coach

Very comprehensive accreditation program. Well structured and well designed, plus an amazing set of tools and documentation to set you up for immediate success.

Executive Coach

The GLWS® is an exceptional tool that not only broadened my understanding and skill in this area but perfected my coaching approach and connection with the client. I can't recommend this tool and accreditation highly enough.

Cheryl Walters, Executive Leadership Coach & GM OD

Extremely valuable, particularly in its breadth and depth. It gives me confidence to deliver to our clients as it has been developed through comprehensive psychologically based scientific development, research and robust trialling.

Peter Kellaway, Principal Consultant

Excellent tool and process. Provides for deep reflection and valuable insights into all aspects of wellbeing.

John White, Executive Coach



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