

**GLWS**<sup>®</sup>

GLOBAL LEADERSHIP WELLBEING SOLUTIONS

**GLWS**

# Accreditation Virtual Program

EEK & SENSE

[glswellbeing.com](http://glswellbeing.com)

# About the program.

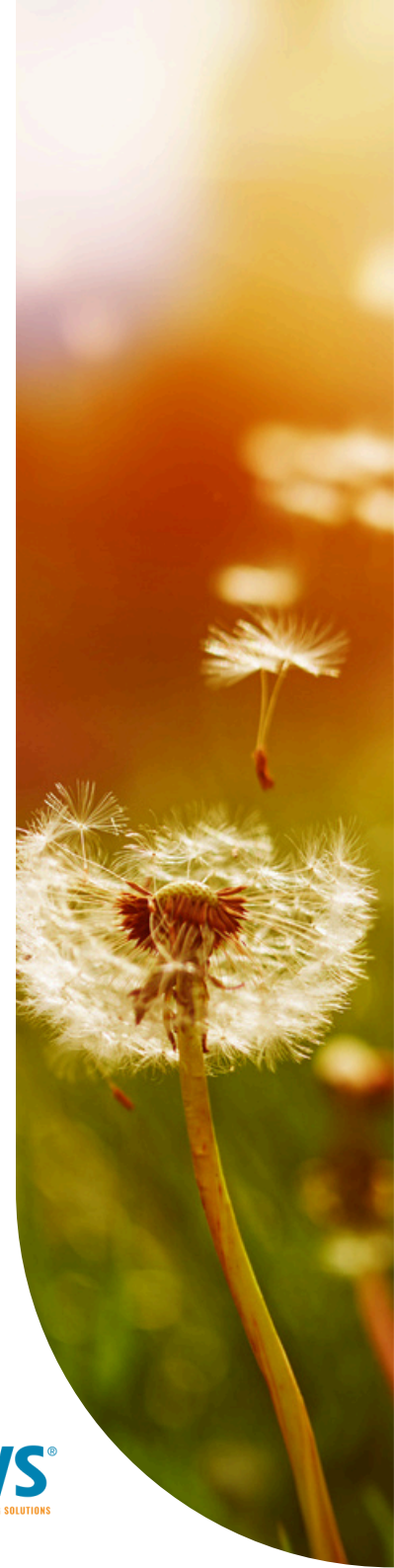
The virtual GLWS accreditation program provides participants with the opportunity to explore, learn and connect with GLWS facilitators and other participants over 4 'live' virtual workshops, together with leveraging self-directed learning content and activities that can be done flexibly in your own time.

## By the end of accreditation, you will be able to:

- Communicate and apply the latest models and thinking about employee wellbeing and its influence on organisational outcomes.
- Analyse and interpret a GLWS Personal Report to identify an individual's key wellbeing strengths and opportunities.
- Confidentially implement the GLWS framework and reports, including confidentially conducting a GLWS debrief.
- See the opportunities of aggregating wellbeing data and insights through use of the GLWS Group/Team Reports.
- Position the value of measuring wellbeing to prospective internal or external clients.
- Talk about the latest data insights and emerging themes of leader wellbeing using the GLWS data and research.
- Gain formal qualifications as a GLWS Accredited Practitioner.

## Key features of this course include:

- Virtual facilitation by experts in wellbeing, leadership, and organisational psychology, with extensive theoretical and practical application of GLWS.
- Dedicated learning space to ask questions, enjoy live discussion and interact with learners from other organisations, supported by a small amount of pre/post self-directed learning.
- Case studies and explorations of real-life programs and evidence-based learning will be utilised.
- Your own GLWS Survey completion and GLWS Personal Report.
- Complimentary trial of the GLWS survey and Personal Report for 1 'practice person' debrief as part of your learning.
- Extensive and high-quality online course learning materials.
- Access to MyGLWS member portal – a dedicated online resource for GLWS Accredited Practitioners with coaching resources and all the information you need to support your use of the GLWS.
- Optional access to a confidential one to one personal wellbeing coaching session based on your GLWS Personal Report (additional fees apply).



# Program structure.

Program Components	Key Learning Areas
<i>Preparatory work</i>	<ul style="list-style-type: none"> <li>• Participant to complete background pre-reading and GLWS survey (~30 mins).</li> </ul>
<p><b>Workshop 1.</b> 2 hours</p>	<ul style="list-style-type: none"> <li>• Program welcome, overview, and objectives.</li> <li>• What is wellbeing, what influences it and what its impact in organisations.</li> <li>• The development of the GLWS framework and survey.</li> </ul>
<i>Self-directed activities</i>	<ul style="list-style-type: none"> <li>• Consider an appropriate volunteer to complete GLWS survey as part of the practice debrief and gather their consent to be involved.</li> </ul>
<p><b>Workshop 2.</b> 2 hours</p>	<ul style="list-style-type: none"> <li>• What the GLWS Personal report looks like and how to interpret it.</li> <li>• Explore and discuss 'real' GLWS Personal Reports case studies.</li> <li>• Key principles and considerations for deploying the GLWS.</li> </ul>
<i>Self-directed activities</i>	<ul style="list-style-type: none"> <li>• Explore your own GLWS Personal Report (provided via email post workshop).</li> <li>• Set up a volunteer to complete GLWS survey as part of the practice debrief, including ordering the GLWS online.</li> <li>• Prepare/conduct practice GLWS debrief (~90 mins)</li> <li>• Access to key GLWS resources (e.g., debrief guide, coaching guide, preparation and reflection templates).</li> </ul>

Program Components	Key Learning Areas
<p><b>Workshop 3.</b> 2 hours</p>	<ul style="list-style-type: none"> <li>• Reflections and questions on personal GLWS report.</li> <li>• Troubleshooting of practice GLWS report &amp;/or reflections on practice GLWS debrief (if completed).</li> <li>• What the GLWS Group report looks like and how to interpret it.</li> <li>• Explore and discuss 'real' GLWS Group Reports and their applications.</li> </ul>
<p><i>Self-directed activities</i></p>	<ul style="list-style-type: none"> <li>• <i>Conduct practice GLWS debrief (if not completed already).</i></li> </ul>
<p><b>Workshop 4.</b> 2 hours</p>	<ul style="list-style-type: none"> <li>• Reflections on practice debrief.</li> <li>• Positioning &amp; applying GLWS.</li> <li>• Latest GLWS data and research.</li> <li>• Program wrap up and where to from here.</li> </ul>



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